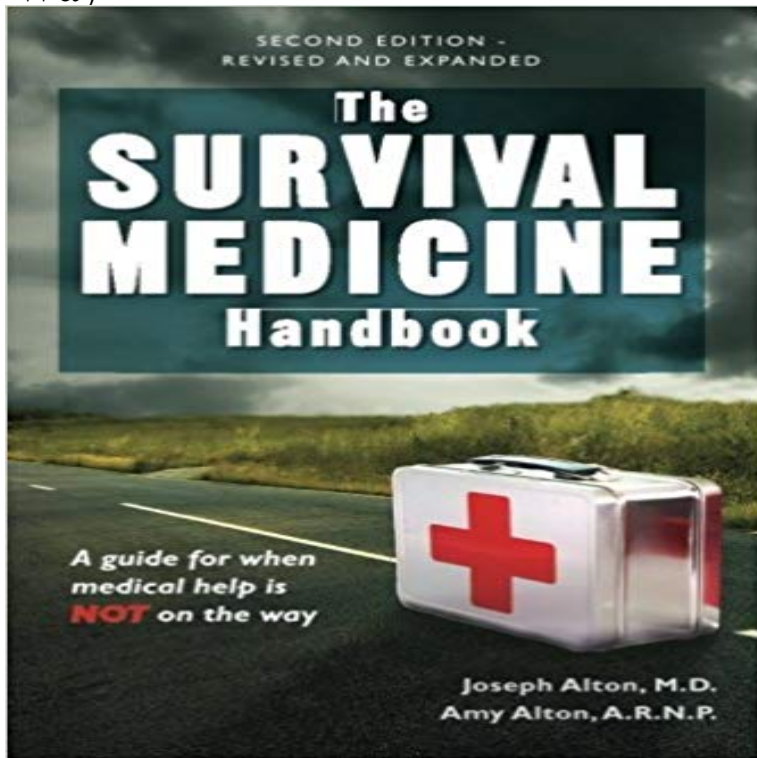


# The Survival Medicine Handbook: A Guide for When Help is Not on the Way



The 2nd edition Survival Medicine Handbook(tm) is a guide for those who want to be medically prepared for any disaster where help is NOT on the way. This book is written by Joe Alton, M.D. and Amy Alton, A.R.N.P., the premiere Medical Preparedness Professionals from the top ten survival website [www.doomandbloom.net](http://www.doomandbloom.net). This book is available in print and kindle, and print book buyers can take advantage of Kindles matchbook program to also buy the digital version for just \$2.99 (normal retail \$24.99). The expanded second edition of the 3 category Amazon bestseller (Survival Skills, Disaster Relief, Safety/First Aid) is geared to enable the non-medical professional to deal with all the likely issues they will encounter in catastrophic scenarios. The Survival Medicine Handbook (tm) is not your standard first aid book. It assumes that no hospital or doctor is available in the aftermath of a catastrophic event. This book will give you the tools to handle injuries and illness for when YOU might be the end of the line with regards to your familys medical well-being. In circumstances where medical personnel are overwhelmed and access to modern technology is limited or non-existent, The Survival Medicine Handbook(tm) is the essential reference book for every library. Written in plain English, youll find step-by-step instructions on how to identify and treat over 100 different medical issues. The second edition also covers alternative remedies for almost every possible medical condition in situations where modern healthcare is inaccessible. Heres just some of the topics covered: MEDICAL PREPAREDNESS BECOMING A MEDICAL RESOURCE THE EFFECTIVE SURVIVAL MEDIC FACTORS TO CONSIDER WHEN PREPARING LIKELY MEDICAL ISSUES YOU WILL FACE

MEDICAL SKILLS YOU WILL WANT  
TO LEARN    MEDICAL SUPPLIES  
NATURAL REMEDIES    ESSENTIAL  
OILS    THE MEDICINAL GARDEN  
THE PHYSICAL EXAM    THE MASS  
CASUALTY INCIDENT    PATIENT  
TRANSPORT    HYGIENE-RELATED  
MEDICAL ISSUES    LICE, TICKS,  
AND WORMS    DENTAL ISSUES  
RESPIRATORY INFECTIONS    FOOD  
AND WATER-BORNE ILLNESS  
DIARRHEAL  
DISEASE/DEHYDRATION  
DEALING WITH SEWAGE ISSUES  
FOOD    POISONING  
APPENDICITIS/ABDOMINAL PAIN  
URINARY TRACT INFECTIONS  
HEPATITIS    PELVIC AND  
VAGINAL INFECTIONS    WOUND  
INFECTIONS    ABSCESSSES  
TETANUS    MOSQUITO BORNE  
ILLNESS    FUNGAL INFECTIONS  
HYPERTHERMIA (HEAT STROKE)  
HYPOTHERMIA    ALTITUDE  
SICKNESS    WILDFIRE  
PREPAREDNESS    TORNADO  
PREPAREDNESS    HURRICANE  
PREPAREDNESS    EARTHQUAKE  
PREPAREDNESS    ALLERGIC  
REACTIONS    ASTHMA    POISON  
IVY, OAK, AND SUMAC  
RADIATION SICKNESS  
BIOLOGICAL WARFARE    MINOR  
WOUNDS    MAJOR AND  
HEMORRHAGIC WOUNDS    SOFT  
TISSUE WOUND CARE    WOUND  
CLOSURE/OPEN WOUNDS    LOCAL  
ANESTHESIA AND NERVE BLOCKS  
HOW TO SUTURE/STAPLE SKIN  
BLISTERS,    SPLINTERS,    AND  
FISHHOOKS    NAIL BED INJURIES  
BURN INJURIES    ANIMAL BITES  
SNAKE BITES    INSECT BITES  
AND STINGS    HEAD INJURIES  
SPRAINS AND STRAINS  
DISLOCATIONS    FRACTURES  
AMPUTATION    THYROID DISEASE  
DIABETES    HIGH BLOOD  
PRESSURE    HEART DISEASE AND  
CHEST PAIN    ULCER AND ACID  
REFLUX DISEASE    SEIZURE



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